

# Innovative Healing



## Organization Information

Innovative Healing

3221 SE 54th Ave

Portland, OR 97206-2146

(828) 775-4123

<http://www.innovativehealingacademy.com>

<http://www.innovativehealing.com>

<http://www.digestivewellnessbook.com>

## Organization Profile/Description

The Art of Digestive Wellness: Online Course / approved for 20 CEU's. (NANP, RD's, CNS's, BANT, and NTA)

Dr. Liz Lipski spent decades finding answers to complex health issues where other health professionals couldn't. She created this course to pass along her insights and procedures to you. Liz walks you through her science-based process for asking the right questions so you can get the right answers to unravel complex health issues. If you are a clinician who wants better strategies, this may be the course for you.

This is a self-paced course that contains 28 videos, over 40 handouts and assessment tools, 11 cooking demonstrations with recipes, and Dr. Lipski's published papers on probiotics.

What you'll learn:

- Understand the systemic role of the digestive system in health and disease
- Explore current research on digestion, barrier function, the microbiome and their roles in systemic health
- Apply principles of digestive physiology to improve health
- Utilize the DIGIN Model to assess underlying root cause issues of health imbalances:
- Digestion/Absorption/Motility
- Intestinal Permeability
- Gut Microbiome

- Inflammation/Immune
- Enteric Nervous System
- Utilize health tools to recognize patterns of imbalance
- Apply the 5 R's to develop therapeutic healing strategies including lifestyle and diet change, nutritional supplementation, and self-care
- Evaluate current research, the DIGIN model, and use critical thinking to prioritize and design appropriate therapeutic dietary plans for a specific person
- Interpret functional medicine laboratory tests on a basic level

### HEALCon Special

Enroll in the course by April 17<sup>th</sup> will receive a free Kindle or Nook eBook of the 5th edition of "Digestive Wellness.

### Categories

- Advanced Specialty Education Certification Programs

### Products to Showcase

Showcasing the Art of Digestive Wellness self-paced online course.

If you don't have a copy of the 5th edition of "Digestive Wellness" (December 2019), you may also want to buy one. It's been updated since the 2012 edition. The research has mushroomed! FREE BONUS: Download the updated Digestive Health Appraisal Questionnaire

<http://www.dhaq.info>

### Video Link to Demo Presentation:

[https://www.youtube.com/watch?v=K3OiVTc\\_gJg&ab\\_channel=LizLipski](https://www.youtube.com/watch?v=K3OiVTc_gJg&ab_channel=LizLipski)

### Dedicated Vendor Chat:

**Friday, April 9**

**1:15 m (pacific time)**

**Link coming soon**

### Contact Information

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